

**A NUT AWARE SCHOOL****Term 2, Week 9**
June 2022**Term 2 Calendar**
Week 10**Thursday**9:00-3:00: K-2 Gymnastics
by Dancefever Multisport**Every Friday**

12:00 - 3:00: Winter PSSA

School HolidaysLast Day Term 2:
Friday 1st JulyFirst Day Term 3:
Tuesday 19th July**Term 3 Calendar**
Week 1 - Week 2**Every Wednesday****Week 2 - Week 9**09:00—3:00:
Years 3—6 Minifit Program**Every Friday**

12:00 - 3:00: Winter PSSA

Thursday 21 July

Years 3 - 6 Athletics Carnival

Weeks 1, 2 & 3Life Education:
Classes will visit Healthy
Harold onsite**Payments Due****3 - 6 Athletics Carnival**
Cost: \$19
Final payment due: 28 June**Minifit Program**
Cost: \$32
Final Payment due: 25 July**Principal's Message****Welcome to Term 2, Week 9**

Reports go home on Monday 27 June. I have had the opportunity to read all reports. It was lovely to read how our students are trying their best and progressing. Please contact the class teacher if you would like to discuss your child's report.

P&C disco was held on Tuesday 21 June. All students who attended had a fabulous time. A big thank you to the P&C for organising and a thank you to the parents who assisted on the day.

Attendance: It is important that students regularly attend school. As a school we only have 65% of our students attending school 90% or more. I understand there is influenza and COVID-19 that is impacting us, however students must attend school if well. Keeping students home because the weather is cold is not a justified reason. When a student is absent, please reply to the SMS message sent to you. If there is no reply, then it becomes an unjustified absence. Schools have had a disrupted 2 years of consistent learning and it is important that your child regularly attends.

Late arrivals and early pick-ups: There are several students arriving late which means they miss the morning routine of what the day looks like and any changes to the day. When a child is picked up early from school it must be for a medical appointment, dental, OT or speech therapy. Please do not pick up students early because it is convenient for you. Arriving late and picking up early impacts your child's learning and social connections with peers.

Lost property: At the office we are getting a significant amount of lost property. Please make sure all items are labelled with your child's name and then it will be returned to their class.

Uniforms: Students **MUST** be in school uniform. I am seeing students enter the grounds in multi-coloured jumpers. Please contact the office if you would like a second-hand jumper and we can see if we have any in your child's size.

Excursions or Incursions: When we have an incursion or excursion, permission notes are sent home with your child. Please make sure you check the due dates for payment. We need to have payments in by these dates to ensure we have exact numbers for the event. Signed permission notes must be returned to the school otherwise students are unable to attend the event.

Important dates:

Term 2: Last day of school: Friday 1 July

Term 3: Students return Tuesday 19 July

Karen Goulder
Relieving Principal



Do you have a kindergarten child enrolling in Casula Public School in 2023?

Children enrolling in 2023 must be 5 years old on or before 31 July 2023.

Please follow the below link to submit an online enrolment.

[Enrolment - Casula Public School \(nsw.gov.au\)](https://www.nsw.gov.au/enrolment-casula-public-school)

If you are unable to process an online enrolment, the enrolment form can be downloaded from the Department's website going to a public school.

[Going to a public school \(nsw.gov.au\)](https://www.nsw.gov.au/going-to-a-public-school)

Information for primary schools, and child care and family day care services in south western Sydney. This bulletin is provided by South Western Sydney Local Health District's Healthy Children Initiative team.

Changes to close contact rules



UPDATE ON COVID SETTINGS



20 April 2022

nsw.gov.au/covid-19

Close contacts of a confirmed COVID-19 case are no longer required to isolate, provided they comply with NSW Health guidelines.

A close contact is defined as a household contact or an individual deemed by NSW Health to be a close contact.

Close contacts will need to comply with the following guidelines for seven days from the time a person in their household tested positive for COVID-19:

- Wear a mask in indoor settings outside the home
- Undertake daily RAT tests before coming into contact with people outside their household, where practicable

- Do not visit aged care, hospitals, disability and correctional facilities unless a special exemption applies
- Avoid contact with elderly and immunocompromised persons where possible
- Work or study from home where practical
- Notify their employer/educational facility that they are a close contact

There are no changes for positive COVID-19 cases - the seven day isolation requirement remains in place for anyone who has a recorded a positive RAT or PCR result.



SUBSCRIBE



Information is current at date of issue - 31 May 2022

transforming your
experience



Information for primary schools, and child care and family day care services in south western Sydney. This bulletin is provided by South Western Sydney Local Health District's Healthy Children Initiative team.

Tested positive to COVID-19?

If you have tested positive to COVID-19, please read your text messages from NSW Health carefully.

You will receive a text message if you have registered your positive RAT result or had a PCR test.

These messages contain important information about:

- How to manage and monitor symptoms
- The dates of your self-isolation period
- A link to your Medical Clearance Notice

Your Medical Clearance Notice can be used as evidence of release from self-isolation. There should be a link to this notice in your text messages from NSW Health.

Tested positive to COVID-19?

Read text messages from NSW Health carefully.



Why do I still need to isolate if I've tested positive for COVID-19 but have no symptoms?



Why do I still need to isolate if I've tested positive for COVID-19 but have no symptoms?

If you've tested positive to COVID-19, you are infectious for at least 7 days after your positive test, even if you have no symptoms.

Even if you don't have any symptoms, you can still spread the virus to other people so it is important to self-isolate for 7 days from the date you got tested.

Click [here](#) for more information on what to do if you test positive for COVID-19.

Information is current at date of issue - 31 May 2022

Information for primary schools, and child care and family day care services in south western Sydney.

This bulletin is provided by South Western Sydney Local Health District's Healthy Children Initiative team.

Vaccination

The NSW Health COVID-19 vaccination program is entering a new phase with the gradual closure of the state's high volume, large vaccination clinics, including South Western Sydney Vaccination Clinic at Macquarie Fields.

The Macquarie Fields centre closed on 29 May, with South Western Sydney Local Health District continuing to provide outreach clinics for vaccination of vulnerable and harder to reach communities. You can continue to receive vaccinations from GPs and pharmacies.

South Western Sydney Local Health District has thanked its dedicated staff who have successfully administered more than 290,000 vaccinations at the Macquarie Fields centre since it opened in July 2021.

Before the South Western Sydney Vaccination Clinic closed, the team put together the below video on children's COVID-19 vaccinations. Check out the video to hear from some children and why they got vaccinated. The video can also be viewed [here](#).



To find a clinic and book a COVID-19 vaccine appointment, use the [Vaccine Clinic Finder](#)

Information is current at date of issue – 31 May 2022

Information for primary schools, and child care and family day care services in south western Sydney. This bulletin is provided by South Western Sydney Local Health District's Healthy Children Initiative team.

Walk Safely to School Day



Friday 20 May was National Walk Safely to School Day!

Walk Safely to School Day is an annual event to encourage primary school children to walk and commute safely to school. Apart from physical benefits, regular walking has an impact on children's cognitive and academic performance.

Although Walk Safely to School Day has passed, you might like to walk your children to school on a regular basis. Or if you drive, park further away and walk the rest of the distance.

Screen free bingo

Here are some screen free ideas for you and your family to try after school or on the weekend. See how many you can tick off!

Go for a walk

Play a game of hide and seek

Have a picnic

Head out to the local park and kick a ball

Go for a bike ride

Have a family dance off

Work on a puzzle

Do some gardening

Make an obstacle course

Information is current at date of issue - 31 May 2022

Information for primary schools, and child care and family day care services in south western Sydney. This bulletin is provided by South Western Sydney Local Health District's Healthy Children Initiative team.

Healthy eating - vegetables

Did you know that less than 2% of Australian children aged 2-5 years eat enough vegetables each day! Vegetables are full of nutrients that growing children need to reach their potential including:

- Vitamins and minerals for healthy growth and development including bones, teeth, eyesight and immune systems.
- Fibre for healthy and regular digestive systems.
- Carbohydrates to provide energy for growth and play.

Click [here](#) to access a great parent fact sheet on the importance of vegetables and ideas to help make vegetables fun.



Strong Families Trial - Western Sydney University

Western Sydney University is looking for families with school-age children (5 to 11 years) to participate in their Strong Families research trial. The research will trial a six-week online family strengthening program to prevent unhealthy weight gain among children from at-risk families.

For further information and registration click [here](#), or you can email strongfamilies@westernsydney.edu.au



Information is current at date of issue – 31 May 2022

Information for primary schools, and child care and family day care services in south western Sydney.
This bulletin is provided by South Western Sydney Local Health District's Healthy Children Initiative team.

Translated COVID-19 information: Who to call fact sheet

NSW Health



Who to call

Questions and support

- Call **1800 020 080** (24/7) for health questions or to check symptoms.
- Call **13 77 88** (24/7) for non-health related questions.
- Call **1800 512 348** (24/7) for mental wellbeing support.
- Visit www.healthdirect.gov.au to check symptoms.
- Visit www.nsw.gov.au/covid-19 for all other COVID-19 related information.

Triple Zero

Save Triple Zero (000) for emergencies such as difficulty breathing or shortness of breath at rest.

Interpreter service

For free help in your language call **13 14 50**.

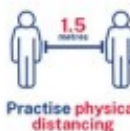
If you have symptoms



- **Get tested immediately and self-isolate until you receive a negative result.**
- For more information visit www.nsw.gov.au/covid-19



Protect yourself and others.



Not sure who to call for support?

This fact sheet provides some guidance on who to call, and is available in a number of community languages including:

[Arabic](#)

[Assyrian](#)

[Bangla](#)

[Chinese \(simplified\)](#)

[Khmer](#)

Other languages are available [here](#). English is available [here](#).

You can find other resources in your own language [here](#).

SUBSCRIBE



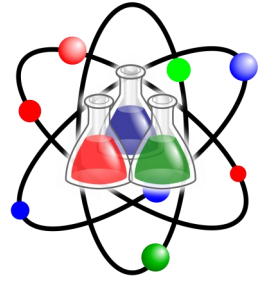
Information is current at date of issue – 31 May 2022

transforming your experience



From the desk of Student Parliament...

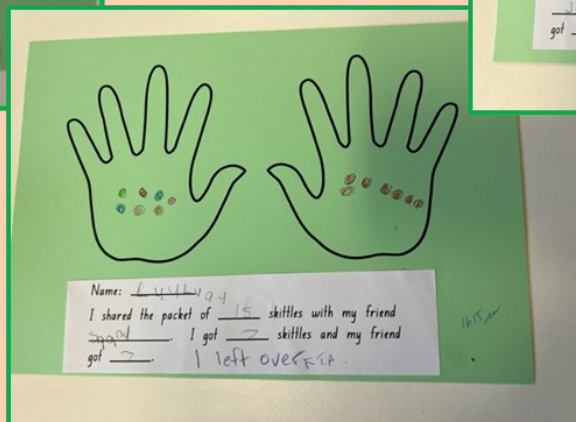
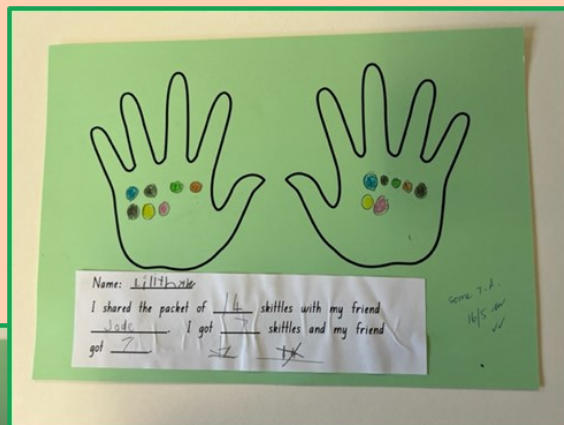
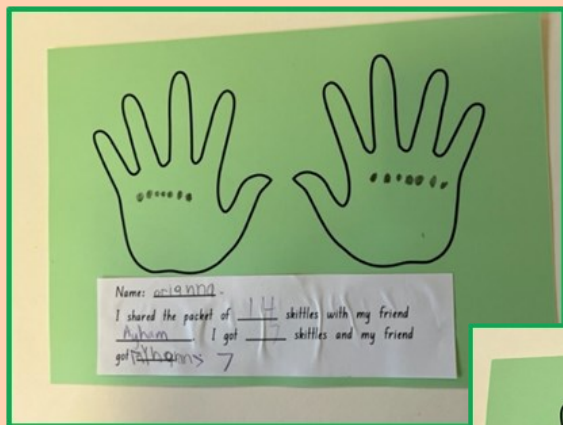
We've had a wonderful term so far full of learning and activities. Starting off with the very first day of Term 2 students in Stage 3 had an incursion called "Tick Tick Boom" where students got to see science experiments. It was a fun experience and a lot of students walked away with smiles on their faces. Also on our first day back our school had celebrated ANZAC Day, although our school could not have an assembly unfortunately due to the weather and COVID 19, the school Prime Ministers and Deputy Ministers read their speeches aloud on the school speakers which was then followed by the one minute silence.



On Friday the 6th May our school held a Mother's Day breakfast and Cross Country, in the morning from 8:30 to 9:00 mothers, aunties and grandma's were free to come in our school hall to have celebrate Mothers' Day with the community by having breakfast with their kids, nieces, nephews and grandchildren. On the same day Casula Public School had cross country which involved students competing against each other on grass, the top 7 would go to the next level (zone) which took place on 24th may which ran smoothly. While some students were at zone the other students had a Jersey Day where students could wear any sport jersey they liked to fundraise for the Year 6 End of Year Events.

On Friday 20th May our school held a Walk To School Safety Day which taught students all across the years how to be safe while walking on the roads that included a lot of laughs, learning and smiles. Last but not least, Casula has chosen to change their mascot so they gave students a chance to design their own mascot winning not only a place in Casula history but an art set!





A Room with a View Meeting KW

We have been learning about the mathematics strand – Multiplication and Division in Kindergarten by sharing and making 'groups of' to work out the total.

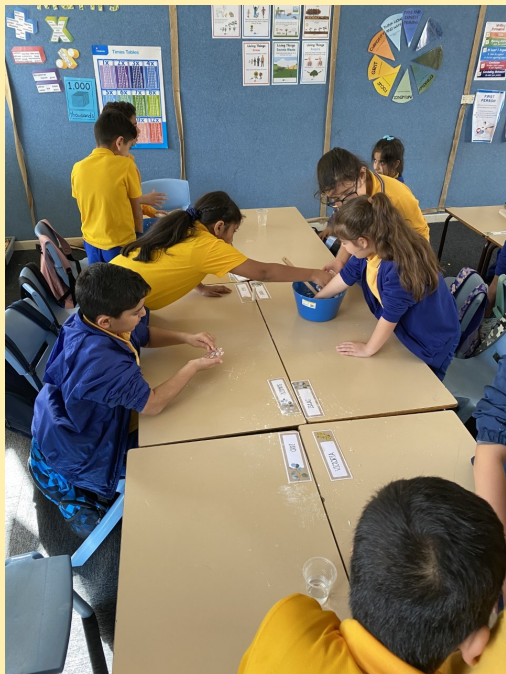




**A Room with a View
Meeting 2B**

2B have been learning about living things in Science. We searched for invertebrates in the playground and then identified the features we could see!





A Room with a View Meeting 34W

3/4W LOVE science, especially when it's hands on! We explored non-Newtonian fluids (acts like a liquid but turns solid when force is applied) by creating Oobleck.

Despite getting a little messy, we had a lot of fun!



A Room with a View

Meeting 5G

5G have been learning about Poetry!

We are creating beautiful artworks to go with our awesome Haiku poems.

A haiku poem is a three-line form of Japanese poetry. Nature is the most famous haiku subject, including depictions of plants, animals, and the changing of the seasons.

Here's an example of a poem that we have written:

***The salt overwhelms.
I look at the endless void.
The bright blue takes over.***

By Taha



***Roaring and growling.
Munching on fish all day long.
They are big and strong.***

By Casey



Breakfast Club

Beginning Week 8
every **Tuesday** and **Thursday**
from 8.30 at central.

Tuesday: noodles, toast, fruit and cereal

Thursday: pancakes, toast, fruit and cereal.



Junior Master Chef

The winner of the Junior Master Chef competition is Shivansh Tope of class 1G

His recipe was titled Potato and Butter Crispy

The prize pack included a \$5 voucher to use at the canteen along with a Kid Chef cook book and wooden spoon for all his future recipes.

Congratulations from all the HCA Staff Canteen at Casula Public School

We thank everyone who participated in the competition.

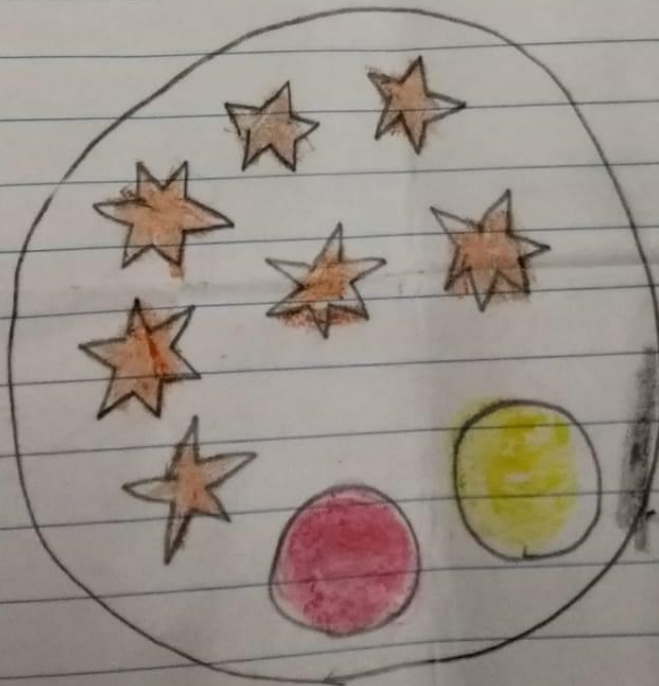


Junior Master Chef Winning Recipe

4/06/2022

Potato and butter crispy

- Take four potatoes, wash them, peel off it, then place in a pot to boil, for 15 minute.
- after that smash potatoes, finely add 100 gm of salted butter, mix them together nicely. put batter beside.
- Preheat oven for 180°C to 15 minute.
- Fill batter in piping bag, take a tray, place a butter paper, and with the piping bag make favourite shapes on a paper.
- Place the tray inside oven for 20 minute.
- After 20 minute take out a tray from oven, let it cool down and ready to eat with sauce.



2022 GERRIC STUDENT PROGRAMS

July 5 - 8 | Online & On-campus

Expanding student minds in a
fun & challenging setting

Interested? Click to learn more.

